

# TORAH TEACHINGS



Understanding YAH's Likes and dislikes

**#45 Va'etchanan (וַאֲתַחֲנֶן) – Hebrew for  
“and I pleaded” “I SOUGHT FAVOUR”**

**Torah: Deuteronomy 3:23-7:11**

**Haftarah: Isaiah 40:1-26**



# TOPICS IN THE PARSHA

THIS WEEKS TORAH PARASHAT

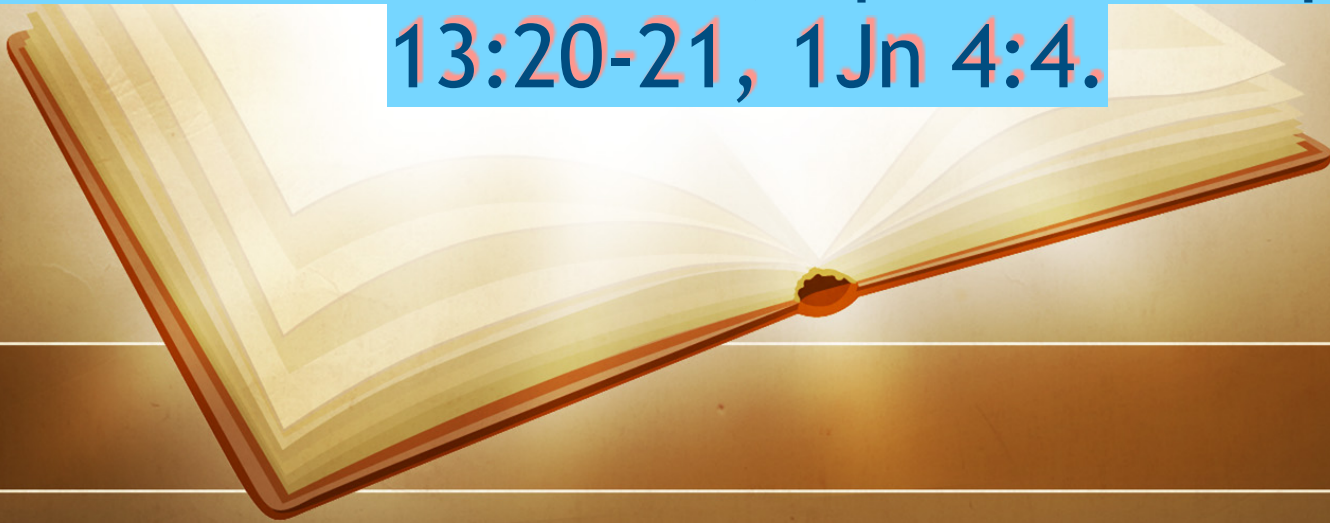
#45 Va'etchanan (and I pleaded)

CH.4-6 Relationship Process

How To Love (יהוה)YeHoVah

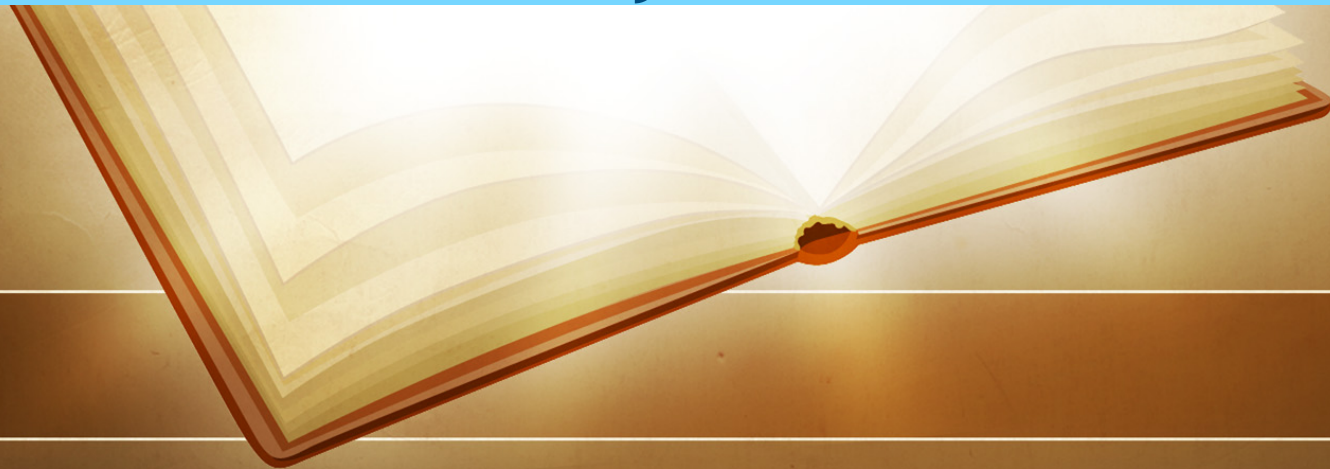
Listen To Torah/Hear & Do

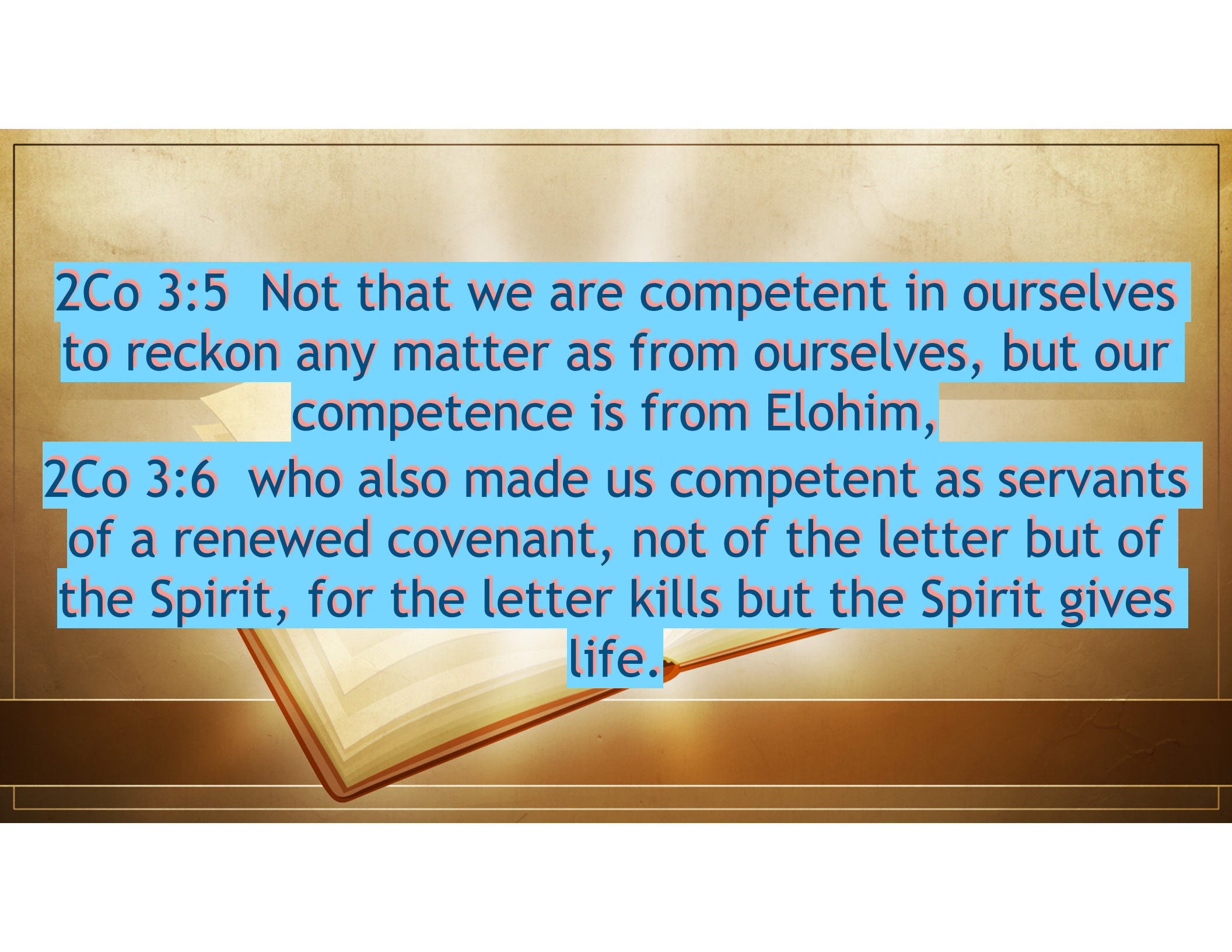
Php 4:13 I have strength to do all, through  
Messiah(a) who empowers me. Footnote: a Joh  
15:5, 2Co 3:5-6, 2Co 12:9, Eph 3:20, Php 2:13, Heb  
13:20-21, 1Jn 4:4.





Joh 15:5 “I am the vine, you are the branches. He who stays in Me, and I in him, he bears much fruit. Because without Me you are able to do naught!





2Co 3:5 Not that we are competent in ourselves to reckon any matter as from ourselves, but our competence is from Elohim,

2Co 3:6 who also made us competent as servants of a renewed covenant, not of the letter but of the Spirit, for the letter kills but the Spirit gives life.



2Co 12:9 And He said to me, “My favour is sufficient for you, for My power is perfected in weakness.” Most gladly, then, I shall rather boast in my weaknesses, so that the power of Messiah rests on me.



Eph 3:20 And to Him who is able to do exceedingly above what we ask or think, according to the power that is working in us,





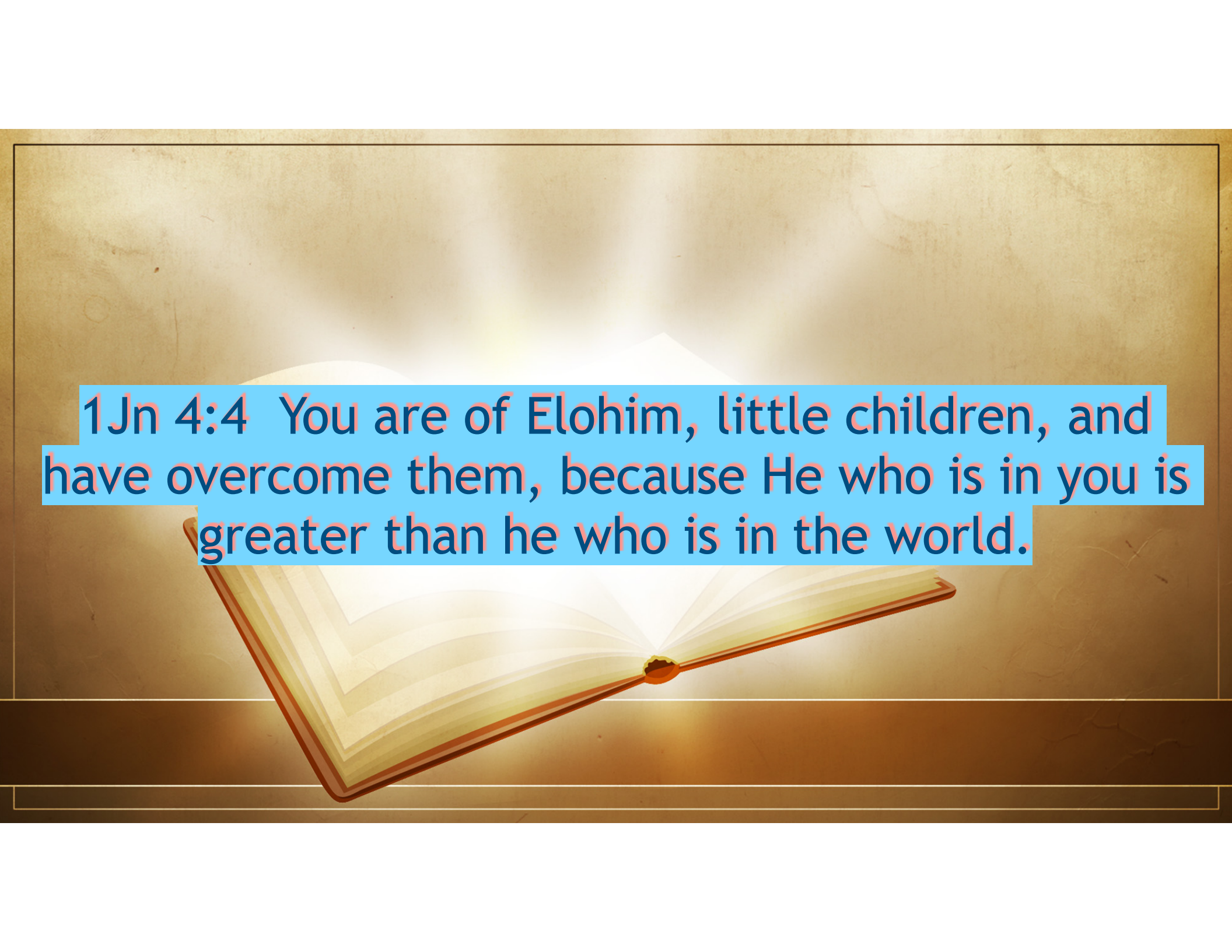


Php 2:13 for it is Elohim who is working in you both to desire and to work for His good pleasure.

Heb 13:20 And the Elohim of peace who brought up our Master **יהושע** from the dead, that great Shepherd of the sheep, through the blood of the everlasting covenant,

Heb 13:21 make you perfect in every good work to do His desire, working in you what is pleasing in His sight, through **יהושע** Messiah, to whom be esteem forever and ever. Aměn.





1Jn 4:4 You are of Elohim, little children, and have overcome them, because He who is in you is greater than he who is in the world.

The One who made all is the One who empowers us!!!

This is something that we must never forget. There will certainly be times when we may feel faint and out of strength.

Yet, as we properly wait on יהוה we will have our strength renewed, so that we shall not faint or grow weary but press on and overcome, as we guard to do His Word.

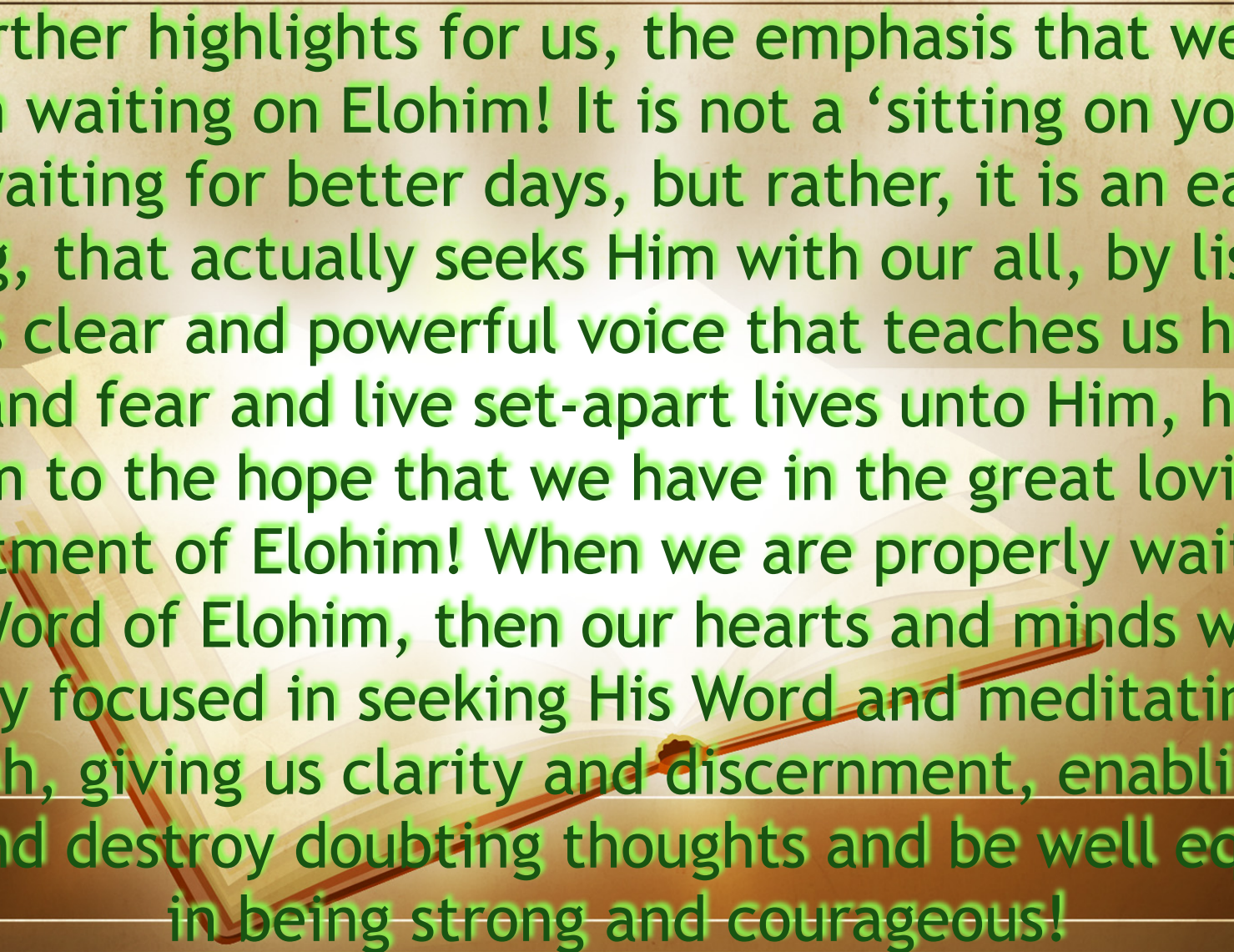


#2: Tehillah/Psalm 31:24 “Be strong, and let Him fortify your heart, all you who are waiting for יהוה.”

The Hebrew root word that is translated here, in Tehillah/Psalm 31:24, as ‘wait’ is יָהַל yaḥal (yaw-chal’)- Strong’s H3176 which means, ‘to wait, wait expectantly, have hope’ and implies the hope that is the solid ground of expectation for the righteous.

Tehillah/Psalm 147:11 “יהוה takes pleasure in those who fear Him, in those who wait for His loving-commitment.”





This further highlights for us, the emphasis that we are to have, in waiting on Elohim! It is not a 'sitting on your butt' and waiting for better days, but rather, it is an earnest waiting, that actually seeks Him with our all, by listening to His clear and powerful voice that teaches us how to hear and fear and live set-apart lives unto Him, holding firm to the hope that we have in the great loving-commitment of Elohim! When we are properly waiting for the Word of Elohim, then our hearts and minds will be properly focused in seeking His Word and meditating upon His Torah, giving us clarity and discernment, enabling us to hate and destroy doubting thoughts and be well equipped in being strong and courageous!



#3: Yeshayahu/Isaiah 35:3-4 “Strengthen the weak hands, and make firm the weak knees. 4 Say to those with anxious heart, “Be strong, do not fear! See, your Elohim comes with vengeance, with the recompense of Elohim. He is coming to save you.”

In this verse 3 of Yeshayahu/Isaiah 35 we have two different Hebrew words that are translated as ‘weak’.