



How Wrestling with God Will Change You
Forever

Genesis 32:22-32

22 And he rose up that night, and took his two wives, and his two womenservants, and his eleven sons, and passed over the ford Jabbok.

23 And he took them, and sent them over the brook, and sent over that he had.

24 And Jacob was left alone; and there wrestled a man with him until the breaking of the day.

25 And when he saw that he prevailed not against him, he touched the hollow of his thigh; and the hollow of Jacob's thigh was out of joint, as he wrestled with him.

26 And he said, Let me go, for the day breaketh. And he said, I will not let thee go, except thou bless me.

27 And he said unto him, What is thy name? And he said, Jacob.

28 And he said, Thy name shall be called no more Jacob, but Israel: for as a prince hast thou power with Elohim and with men, and hast prevailed.

29 And Jacob asked him, and said, Tell me, I pray thee, thy name. And he said, Wherefore is it that thou dost ask after my name? And he blessed him there.

30 And Jacob called the name of the place Peniel: for I have seen Elohim face to face, and my life is preserved.

31 And as he passed over
Penuel the sun rose upon
him, and he halted upon his
thigh.

32 Therefore the children of
Israel eat not of the sinew
which shrank, which is upon
the hollow of the thigh, unto
this day: because he touched
the hollow of Jacob's thigh
in the sinew that shrank.