



WHAT **JESUS** SAID ABOUT...

Overcoming Sexual Sins and Lusts



WHAT **JESUS** SAID ABOUT...

27 “You have heard that it was said, ‘You shall not commit adultery’; 28 but I say to you that everyone who looks at a woman with lust for her has already committed adultery with her in his heart.



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29 If your right eye makes you
stumble, tear it out and throw it from
you; for it is better for you to lose one
of the parts of your body, than for
your whole body to be thrown into
hell. 30 If your right hand makes you
stumble, cut it off and throw it from
you; for it is better for you to lose one
of the parts of your body, than for
your whole body to go into hell.

31 “It was said, ‘Whoever sends his wife away, let him give her a certificate of divorce’; 32 but I say to you that everyone who divorces his wife, except for the reason of unchastity, makes her commit adultery; and whoever marries a divorced woman commits adultery.

Jesus has the answer for those struggling with sexual sins, “one who in every respect has been tempted as we are, yet without sin” (Heb 4:15). God’s will is for your holiness, your sanctification, and abstinence from sexual immorality.

God wants you to know how to possess your own body in holiness and honor, and not to become inflamed with lust (1 Thess 4:3–5).

1 Thessalonians 4:3-5 (NASB)

3 For this is the will of God, your sanctification; that is, that you abstain from sexual immorality; 4 that each of you know how to possess his own vessel in sanctification and honor, 5 not in lustful passion, like the Gentiles who do not know God;

Jesus can help you with every sinful and addictive behavior. His words are freely provided in the Bible.



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Definition of Sexual Sins



WHAT **JESUS** SAID
ABOUT...

What is sexually immoral? Sadly, many justify sexual sins and irrationally explain away the definition of sexual immorality. However, Christians need to have a clear awareness and strong conviction, so that believers abhor this evil (Rom 12:9).

Romans 12:9 (NASB)

9 Let love be without hypocrisy.
Abhor what is evil; cling to what
is good.

Without recognizing, thanking,
and glorifying God, people can
pervert natural desires into
strange lusts (Rom 1:20–28).

Romans 1:20-28 (NASB)

20 For since the creation of the world His invisible attributes, His eternal power and divine nature, have been clearly seen, being understood through what has been made, so that they are without excuse.

21 For even though they knew
God, they did not honor Him as
God or give thanks, but they
became futile in their
speculations, and their foolish
heart was darkened. 22
Professing to be wise, they
became fools,

23 and exchanged the glory of the incorruptible God for an image in the form of corruptible man and of birds and four-footed animals and crawling creatures.

24 Therefore God gave them over in the lusts of their hearts to impurity, so that their bodies would be dishonored among them.

25 For they exchanged the truth of
God for a lie, and worshiped and
served the creature rather than the
Creator, who is blessed forever.
Amen.

26 For this reason God gave them
over to degrading passions; for
their women exchanged the natural
function for that which is unnatural,

27 and in the same way also the men abandoned the natural function of the woman and burned in their desire toward one another, men with men committing indecent acts and receiving in their own persons the due penalty of their error.

28 And just as they did not see fit
to acknowledge God any longer,
God gave them over to a
depraved mind, to do those
things which are not proper,

Jesus did not have to specify what He meant by fornication and lewdness with a descriptive list. Despite that Jesus did not specify rape, incest, and homosexuality as forms of sexual immorality, these behaviors are outside the natural union of marriage between a man and a woman.

Jesus condemned pedophilia
when He opposed the abuse of
children and alluded to sexual
abuses

(Matt 18:7–10; Mark 9:42–50).



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Matthew 18:7-10 (NASB)

7 “Woe to the world because of its stumbling blocks! For it is inevitable that stumbling blocks come; but woe to that man through whom the stumbling block comes!

8 “If your hand or your foot causes you to stumble, cut it off and throw it from you; it is better for you to enter life crippled or lame, than to have two hands or two feet and be cast into the eternal fire.”

9 If your eye causes you to stumble, pluck it out and throw it from you. It is better for you to enter life with one eye, than to have two eyes and be cast into the fiery hell.

10 “See that you do not despise one of these little ones, for I say to you that their angels in heaven continually see the face of My Father who is in heaven.

Mark 9:42-50 (NASB)

42 “Whoever causes one of these little ones who believe to stumble, it would be better for him if, with a heavy millstone hung around his neck, he had been cast into the sea. 43 If your hand causes you to stumble, cut it off; it is better for you to enter life crippled, than, having your two hands, to go into hell, into the unquenchable fire,

44 [where their worm does not die, and the fire is not quenched.]

45 If your foot causes you to stumble, cut it off; it is better for you to enter life lame, than, having your two feet, to be cast into hell, 46 [where their worm does not die, and the fire is not quenched.]

47 If your eye causes you to stumble, throw it out; it is better for you to enter the kingdom of God with one eye, than, having two eyes, to be cast into hell, 48 where their worm does not die, and the fire is not quenched.

49 “For everyone will be salted with fire. 50 Salt is good; but if the salt becomes unsalty, with what will you make it salty again? Have salt in yourselves, and be at peace with one another.”

Jesus openly used the definition of fornication according to the Law of Moses when Jesus spoke to those who were under Moses's Law. Within the Law of Moses, immoral sexual behavior consists of adultery, extra-marital sex, premarital sex, incest, rape (pedophilia), sex during menstruation, homosexuality, bestiality, prostitution, and uncovering nakedness, which is lewdness

Lev 18; 19:29; 20;
Deut 22:5, 22–30.



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When Jesus spoke of adulteries, fornications, and lewdness, He called these behaviors “evil things” that defile people (Mark 7:20–23). Jesus described adultery that is in the heart as coveting another man’s wife (Matt 5:27–28).

Adultery is sex with another person's spouse. Jesus also revealed that adultery includes divorcing and marrying another person unless one's spouse sinned by committing fornication — extramarital sex (Matt 5:32; 19:9; Mark 10:11–12; Luke 16:18; cf. 1 Cor 7:10–11).